

More Helpful Numbers

Additional Services

American Red Cross	540-373-5176
Bethany Christian Serv.	540-373-5165
Birthright of Fredericksburg	540-371-6119
Central VA Housing Coalition	540-604-9943
disAbility Resource Cntr	540-373-2559
TTY	540-373-5890
Dept. of Rehabilitation Serv.	540-899-4161
El Lucero	540-372-7211
Fbg Area HIV/AIDS Support	540-371-7532
Fbg Area Food Relief	540-371-7666
Habitat for Humanity	540-891-5009
Hope House	540-371-0831
Hospice Support Care	540-361-7071
Mary D. Ainsworth Attach Cl.	434-984-2711
Mental Health America Fburg	540-371-2704
Quinn Rivers	540-368-2700
RCASA	540-371-5502
RCDV	540-373-9373
Rappahannock United Way	540-373-0041
Salvation Army	540-891-2242
SERVE Inc.	540-288-9598
Spotsylvania Emer. Concerns	540-582-2465
Thurman Brisben Center	540-899-9853
United Methodist Family Svs	540-898-1773

Community Resource Directory



A Division of Solution-focused Family Intervention, Inc.

Family Solutions, incorporated in 2001, is an independent family service agency located in Stafford, Virginia.

We offer:

Intensive In-Home Services (IIH)

Mental Health Support Services (MHSS)

Therapeutic Visitation (TV)

Therapeutic Mentoring

Parents Apart Co-Parenting Together

This list represents a collection of known providers in the area. Those listed do not necessarily indicate endorsement by Family Solutions.

Please check your current telephone directory as some numbers may have changed.

**2126 Jefferson Davis Hwy.
Suite 103
Stafford, VA 22554**

Telephone: (877) 582-6363 Facsimile: (540) 288-0594

www.familysolution.net

3/11/10

Intensive Family Services

Dominion Youth Services	540-371-8750
Family Preservation	540-710-5810
Family Solutions	877-582-6363
National Counseling Group Inc.	540-446-0007
Tree of Life Christian Counsel	540-710-0520

Parenting Classes

Parents Apart Co-Parenting Together (PACT)	877-582-6363
K.I.D.S. (Kids in Divorce & Separation)	540-272-3131
SPARE – Saving People as Relationships End	540-371-4889

Virginia 211

2-1-1 provides access to services in your community and statewide. When you dial 2-1-1 a trained professional listens to your situation and suggests sources of help using one of the largest databases of health and human services in Virginia.

Outpatient Resources		RACSB		Youth Resources	
Aquia Counseling & Therapy	540-657-1228	Caroline	804-633-9997	Big Brothers Big Sisters	540-371-7444
Aquia - Fredericksburg Office	540-361-4330	Fredericksburg	540-373-3223	Boy Scouts of America	301-530-9360
Behavioral Healthcare of Fbg	540-310-0797	King George	540-775-9879	Bragg Hill Family Life Cntr	540-371-3662
Brown, Karin, LCSW	540-785-5759	Spotsylvania	540-582-3980	Childcare Network	540-373-3275
Building Healthy Connections	540-898-7125	Stafford	540-659-2725	Child Development Cntr.	540-891-3151
Catholic Charities	540-371-1124	Juvenile Court Service Units		Childhelp USA	540-399-1926
Center for Family Counseling	540-361-1556	Caroline	804-633-9550	Employment Resources Inc.	540-372-6710
Commonwealth Psych & Ed. Cons.	540-899-3887	Fredericksburg	540-372-1068	Fbg Boys & Girls Club	540-368-9531
Counseling Assoc. of Fred.	540-786-3049	King George	540-775-3490	Girl Scouts	804-746-0590
Courthouse Family Counseling	540-226-0787	Spotsylvania	540-507-7760	Rapp. Area Office on Youth	540-372-1149
Creasey, Donna, LPC, LMFT	540-287-4565	Stafford	540-658-8770	Rappahannock CASA	540-710-6199
Fbg Christian Counseling Cntr	540-371-2610	Psychiatry		Rappahannock YMCA	540-371-9622
Fbg Counseling Services, Inc.	540-373-2320	Dr. Ahmed	540-891-7766	Snowden Academy	540-741-3908
Grace Counseling Center	540-548-4114	Boulware, Valerie, Dr.	540-548-2960	Substance Abuse Services	800-454-8966
Holmes, Jannan LCSW	540-370-4596	Child Family Counseling Cnt.	703-670-5738	Parent Resource Centers	
Integrated Health	540-371-8250	Cohen, Murray, Dr.	540-374-1775	Caroline	804-633-7083
Lafave, Linda, LPC	540-373-9574	Insight Physicians	540-735-9897	Fredericksburg	540-372-1065
Lakewood Counseling Services	540-972-0504	Peak Mental Health	540-907-4282	King George	540-775-5833
Louisa Psych. Consulting	540-223-0837	Snowden at Fredericksburg	540-741-3900	Spotsylvania	540-582-7583
Lynch, William, Psy D	540-898-7995	Tucker, Susan, Dr.	540-310-4822	Stafford	540-658-6710
Mental Health Resources	540-899-9826	See local RACSB		Parks & Recreation	
Meridian Therapy Services	540-368-3011	Social Services		Caroline	804-633-7277
Riverside Counseling, PLLC	540-373-1200	Caroline	804-633-5071	Fauquier	540-347-6896
Silva-Grove, Beverly, LCSW	540-548-2284	Fauquier	540-347-2316	Fredericksburg	540-372-1086
Smith, Aracoma, LCSW	540-361-1844	Fredericksburg	540-372-1032	King George	540-775-4386
Stafford Family Counseling	540-658-0888	King George	540-775-3544	Spotsylvania	540-507-7529
Transformations	540-898-6851	Prince William	703-792-7500	Stafford	540-658-4871
Ulbricht, Rachel, LCSW	540-899-6888	Spotsylvania	540-507-7898		
Willet, Donna, LPC	540-891-0817	Stafford	540-658-8720		
Woods, Christina, LCSW	540-361-1844	Louisa	540-967-9515		
Yost, Melanie, LCSW	540-786-8848				